



Little Hands on the Farm
ACTIVITY SHEET

Little Hands on the Farm Web Activities

Fun informative and interactive websites to visit:

www.mypyramid.gov

Learn more about the new food guide pyramid, called MyPyramid, on the United States Department of Agriculture's interactive web-site. You can find out how much of each food group you need for your weight, height, gender, age, and amount of physical activity. This way you will know what you need to be doing to be healthier than you are.

http://www.mypyramid.gov/kids/kids_game.html

Play a game that helps you plan your own meals. Make the right choices and your rocket ship receives fuel. If you make the wrong choices your rocket ship gets weighted down. Learn how to eat right while having fun!



Fun activities to do:



<http://www.enchantedlearning.com/themes/farmanimals.shtml>

Learn new songs, do crafts, and find some interactive games to play. Everything is related to agriculture, so it will tie right in with what you learned at Little Hands on the Farm!

<http://www.ext.vt.edu/resources/4h/virtualfarm/main.html>

The 4-H Virtual Farm provides a fun interactive way to learn about agriculture. You can learn about different animals as well as different crops that are farmed in the United States.